## Use science to show your pride with this colorful addition to our Cabbage Inks Tie Dye Guide. Here are some handy tricks to mix the colors you'll need for your own LGBTQ+ Pride flags with eco-friendly red cabbage pigment!

There are many flags for different LGBTQ+identities! We've included tips for flags whose colors can be made using red cabbage pigments (red, purple, blue, green, and yellow). If your flag has colors that can't be recreated from red cabbage, consider using other natural pigments to get the rest of the colors you need!

| Flag | Colors | Recommended Acids or Bases | Dyeing Tips |
| :---: | :---: | :---: | :---: |
| LGBT |  |  |  |
|  | , Red | Add vinegar. | Orange isn't possible with red cabbage pigment. Try another vegetable to get this color, like carrots! |
|  | , Orange | Get pigment from a different vegetable. |  |
|  | , Yellow | Use a strong base, like soda ash. |  |
|  | , Green | Dissolve baking soda in your cabbage pigment. |  |
|  | , Blue | Use dish soap, add a little lemon juice if it gets too green. |  |
|  | 做 Purple | No change needed, use your cabbage pigment. |  |
| Transgender |  |  |  |
|  | , Blue | Use dish soap; add a little lemon juice if it gets too green. | To get pastel colors, add a little extra water to your cabbage pigment. |
|  | , Pink | Add any acid (vinegar, lemon juice). |  |
|  |  | Use white fabric and avoid dyeing this portion. |  |
| Bisexual |  |  |  |
|  | , ${ }^{\text {W }}$. Pink | Add any acid (vinegar, lemon juice). | Boil your red cabbage for longer to get more concentrated pigment. |
|  | , Purple | No change needed, use your cabbage pigment. |  |
|  | 爰 Blue | Use dish soap; add a little lemon juice if it gets too green. |  |

Flag Colors Recommended Acids or Bases Dyeing Tips
Pansexual

|  | and Pink | Add any acid (vinegar, lemon juice). | You can find soda <br> ash with tie dye <br> supplies at craft <br> stores. |
| :--- | :--- | :--- | :--- |
|  | Yellow | Use a strong base, like soda ash. |  |

## Genderqueer



Want to make sure the colors on your flag are consistent?
Separate your cabbage pigment and change its color before you dye your fabric. Add the suggested ingredients in small amounts until you get the color you want!


