You can also use the red cabbage pigment liquid from our Cabbage Inks Activity Guide as an eco-friendly fabric dye.

1. Prepare your fabric
Create cool designs by folding and securing your fabric with rubber bands. Unlike with other tie dye projects, please do not pre-treat your fabric.

2. Dye your fabric
Pour your pigment into a large bowl or container and let your fabric soak for 10-15 minutes.

3. Change the colors
While your fabric soaks, collect some acids and bases. Dissolve any that aren’t already liquid (like baking soda) in some water.

4. Reveal your creations!
When you’re happy with your colors, place your fabric in a container and let it sit for a few hours (even overnight!) to help the colors set.

Remove your fabric from the pigment liquid and create fun color patterns with your acids and bases. Just pour or dip them onto different parts of your dyed fabric.

Then, remove the rubber bands and hang it up to dry!
Techniques to Dye For

Use lemons and limes as stamps to create colorful patterns on your dyed fabric!

Freeze cabbage pigment cubes for ice dyeing. Watch a fun pattern emerge as the ice cubes melt!

Try drawing a pattern with your acids and bases or give your fabric a dip-dye. The possibilities are endless!

Taking care of your tie dye
Your cabbage dye is water-soluble. It will fade or change color when you wash your fabric.

Scale it up
If you are doing a large project, consider boiling more cabbage.

Check out Cabbage Inks on The Tech Interactive at Home